

SAFETY TIPS FOR WATER PLAY FUN

Rules from Williamsburg Director of Aquatics, Kyle Kramer of Great Wolf Resorts, Inc.

NEVER SWIM ALONE.

Always use the buddy system & be sure the area is well supervised before you or other family members enter the water.



ENCOURAGE YOUR CHILD TO WEAR A LIFE JACKET.

Many public pools & water parks provide life jackets for you to use. Insist on a life jacket if your child is not a confident swimmer.

NEVER ASSUME SOMEONE ELSE IS WATCHING YOUR CHILD.



Even with lifeguards, you have the responsibility for your child.



STAY HYDRATED.

Swimming takes a lot of energy, especially during the hot summer. Drink plenty of fluids and rest in a cool location.

FORGET THE BLING.

Avoid swimsuits with ties or decorations that could get caught on something during water activities.



SKIP THE FLIP-FLOPS.

Look for sandals with a heel strap or a full-coverage slip-on water shoe that will stay in place both in and out of the water.



TOO MUCH SUN IS NO FUN.

Be sure to limit your exposure during peak hours of 12pm-3pm. Re-apply waterproof/sweatproof sunscreen every 80 minutes.



TAKE A CPR COURSE.

This is important in any environment. It is a skill we all can benefit from – on land and around water.

READ ALL POSTED SIGNS BEFORE JUMPING IN.



Make sure your child meets the posted requirements. If you have questions about an attraction, ask a facility employee or lifeguard.

PLAN AHEAD.

Crowded parks and beaches can make it difficult for little ones to find you. Pick a meeting spot everyone can find easily in case anyone gets separated.

REACH OR THROW - DON'T GO!

If you see someone struggling, get help. Even trained lifeguards don't enter the water without having the proper flotation devices to keep safe.

